

CHAMARITA (cont)

The Portuguese Calls:

Roda cheia (rho' dah chay' ah) full wheel
 Entranca (entran'kah) entwine, weave
 Ao centro (ah' oh sent' roh) to center
 Revolta (re vol' ta) reverse or turn about
 Mao direita (mauhn dee ray' tah) right hand
 Seguir (se' geer) follow
 Trocar (tro'kar) change
 Duas rodas (dooas rho' dahs) two wheels
 Cesta a 'esquerda (ses' tah ah es kayr' dah) basket to the L
 A' direita (ah dee ray' tah) to right
 Volta (vohl' tah) turn
 Foje (fah' zay) sashay or slip past
 Saude (sa oode') salute or to wish health

Presented by Vyts Beliajus

MENUETWALZER
 (Dutch)

Presented at 1964 University of the Pacific Folk Dance Camp by
 Huig Hofman.

Music: Record: Folkraft 1485x45 A. 3/4 meter

Formation: Circle of cpls facing CCW, inside hands joined.

<u>Measures</u>	<u>Pattern</u>
A 1	Three walking steps fwd, starting with inside ft.
2	Point outside toe twice diagonally fwd.
3	Three walking steps fwd, starting with outside ft.
4	Point inside toe twice.
5	Release hands; - hands on hips; - ptrs change places with 3 walking steps, moving sideways (W passes in front of M); - M starting with R ft and W with L ft.
6	Close feet, raise on the toes and sink.
7-8	Ptrs back to own places, W passing in front of M as in meas 5-6.
9-10	Ptrs raise joined R hands to form an arch. W turns CW under the arch, - both drop a curtsy. R ft back on curtsy.
B 1-16	With closed ballroom pos waltz turning CW and progressing CCW in circle.

Repeat the dance as often as desired.

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